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FOR IMMEDIATE RELEASE

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## **Prevention and Screenings promoted Nationwide during National Men's Health Week, June 11-17<sup>th</sup>**

*Men's Health Network encourages families to give the gift of health for Father's Day*

June 11, 2001 – Washington, DC. Instead of giving your father another tie or a book – take him to the doctor for his yearly health screening. Chances are, whether it be your father, husband, uncle, nephew or son, he's hasn't seen his doctor in over year. In fact, fewer than one in five men said they would seek immediate medical care if they were sick or in pain. This alarming state of mind leads to increased rates of mortality for men for all of the top 10 leading causes of death.

National Men's Health Week provides a direct opportunity to reach out to those we love. Today marks the beginning of a national, week long campaign to educate men about their health concerns and encourage them to seek out information and preventative screenings. Hospitals, clinics, and organizations across the country are participating through men's health fairs, lectures, and screenings. Men's Health Network will be announcing the results of a survey to American Urologists on men's attitudes on seeking out screenings. In addition, more than 40 governors have proclaimed Men's Health Week in their states to join in the celebration.

Various events are being conducted nationwide from Everett Naval Station in Everett Washington State to Capitol Hill in Washington, DC. The 2nd Annual Men's Health Conference at Everett Naval Station will provide men and their families in the area information on male health concerns. "Education and prevention are the key to saving men's lives", said Tracie Snitker, MHN spokeswoman. And that message is being heard loud and clear on Capitol Hill, where screenings will be offered to Members of Congress and their staff. Congress is setting an example, that all men should be healthy role models for their families to ensure that they live strong, healthy lives.

For more information in your area log- on to [www.menshealthweek.org](http://www.menshealthweek.org), or contact your local hospital or clinic.

Men's Health Network is a national, non-profit health education organization that promotes the health of men and boys. MHN emphasizes the role that the family plays in the promotion of men's health. MHN is involved in health care advocacy and education on the national and state levels.