



**Anchored by a Congressional health education program, Men's Health Month is celebrated across the country with screenings, health fairs, media appearances, and other health education and outreach activities.**

## **JUNE IS MEN'S HEALTH MONTH!**

### **What is Men's Health Month?**

Men's Health Month aims to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.

This month gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular check ups, medical advice, and early treatment for disease and injury. The response has been overwhelming with hundreds of awareness activities in the USA and around the globe each year.



### **Men's Health Month Activities, Ideas, and Resources**

- The Travelers Championship on the PGA tour cosponsors Men's Health Month and features a number of Live Well, Play Well activities during the week of the Tour event.
- Find other events in your area by checking the Men's Health Calendar at: [www.menshealthnetwork.org](http://www.menshealthnetwork.org)
- Want some interesting and fun things to do during Men's Health Month? Visit us at: [www.menshealthmonth.org](http://www.menshealthmonth.org)

