## FOR IMMEDIATE RELEASE

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## Gov. McCrory Issues Proclamation for North Carolina Men's Health Week – June 10-16, 2013

(Washington, DC) – Governor Pat McCrory issued a proclamation designating the week leading up to and including Father's Day, as North Carolina Men's Health Week - which is a special awareness period to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices.

"Men's Health Week is a great time to focus on the important health issues that men and families must face," said Governor McCrory. "From individuals to health care professionals or community groups, we need to continue to stress awareness, education, and the importance of a healthy lifestyle so that we can live long, active, and healthy lives."

National Men's Health Week, sponsored by Senator Bob Dole and Congressman Bill Richardson, passed Congress and was signed into law by President Clinton, on May 31, 1994.

"We'd like to thank the governor for recognizing June 10-16 as North Carolina Men's Health Week," said Ana Fadich, MHN Vice President. "We hope that by raising awareness about the health and wellbeing of men and boys around Father's Day, they will be more likely to take action and set a doctor's appointment in June."

In preparation for North Carolina Men's Health Week, Men's Health Network (MHN) encourages health care professionals, private industry, faith-based organizations, community groups, insurance companies, and all other interested organizations and individual citizens, to organize and plan for activities and events, which will focus on men's health during the week of June 10-16. Men's Health Week is part of Men's Health Month which is sponsored by AbbVie, Auxilium, Pfizer, and MHN. For ideas and open resources in both English and Spanish, visit <a href="https://www.menshealthmonth.org">www.menshealthmonth.org</a>.

"Men have distinct and unique health care needs from that of women and children," said Robert Tan, MD, MHN spokesperson and member of the Board of Advisors. "This week, we hope to highlight some of these gender specific issues and bring forth some of the challenges that men have."

Men's Health Week is organized by Men's Health Network (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at <a href="www.menshealthnetwork.org">www.menshealthnetwork.org</a> and follow them on Twitter @MensHlthNetwork and facebook.com/menshealthnetwork

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