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Mayor Villaraigosa Recognizes Men's Health Week: June 10-16

(Washington, DC) – Los Angeles Mayor Antonio Villaraigosa issued a Certificate of Recognition honoring Men's Health Week—the week leading up to and including Father's Day—and highlighting the importance of educating men, boys and their families about the importance of positive health attitudes and preventive health practices.

"We can all make a difference in the lives of the men we care for by encouraging them to live a healthy lifestyle," said Eden Yohannes, Southern California MHN Program Associate. "Organizing a Wear-Blue event where you work or pray is an easy way to raise awareness about the health and well-being of men and boys. Men are such an important part of our lives, and we need to let them know how we feel about them."

Villaraigosa also praised Men's Health Network (MHN), a Washington DC-based non-profit, for its efforts in working with Congress to bring national attention to men's unique health issues. Originally sponsored by Senator Bob Dole and Congressman Bill Richardson, the bill creating Men's Health Week passed Congress and was signed into law by President Clinton, on May 31, 1994.

"I would like to thank Mayor Villaraigosa for recognizing Men's Health Network during Men's Health Week celebration," said Ana Fadich, MHN Vice President and Los Angeles native. "We hope that by raising awareness to the health and wellbeing of men and boys around Father's Day, they will be more likely to take action and set a doctor's appointment in June. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue."

In preparation for Los Angeles Men's Health Week, MHN encourages Los Angeles citizens, men in particularly, but also women and their families, to participate in the many activities and events, which will focus on men's health during the week of June 10-16. Men's Health Week is part of Men's Health Month which is sponsored by AbbVie,

Auxilium, Pfizer, and MHN. To check for health events in your area, visit www.menshealthmonth.org.

Men's Health Week is organized by Men's Health Network (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork and facebook.com/menshealthnetwork

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