P. O. Box 75972
Washington, D.C. 20013
202-543-MHN-1 (6461) Men's Health Network Fax 202-543-2727

FOR IMMEDIATE RELEASE

June 12, 2013

CONTACT: Alice Alecu

Alice(dot)Alecu(at)menshealthnetwork(dot)org

(202) 543-6461 ext. 101

Mayor Johnson Issues Proclamation for National Men's Health Week in the city of Sacramento **June 10-16**

(Washington, DC) – Mayor Kevin Johnson issued a proclamation designating the week leading up to and including Father's Day, as National Men's Health Week in the city of Sacramento. This is a special awareness period to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices.

"During my career in the NBA, it was always a priority to make sure I was in top physical condition. Now as mayor I am glad that I could add my voice to that of Men's Health Network to break the silence and raise awareness of this very important issue in our community – the health and well-being of men and boys," said Johnson. "I encourage everyone in our community, in particular the men, to go in for a checkup."

In preparation for Men's Health Week in the City of Sacramento, Men's Health Network (MHN) encourages Sacramento residents, men in particularly, but also women and their families, to participate in the many activities and events, which will focus on men's health during the week of June 10-16. Men's Health Week is part of Men's Health Month which is sponsored by AbbVie, Auxilium, Pfizer, and MHN. To check for health events in your area, visit www.menshealthmonth.org.

"I would like to thank Mayor Johnson for recognizing June 10-16 as Men's Health Week in the City of Sacramento," said Ana Fadich, MHN Vice President. "We hope that by raising awareness to the health and wellbeing of men and boys around Father's Day, they will be more likely to take action and set a doctor's appointment in June. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue."

National Men's Health Week, sponsored by Senator Bob Dole and Congressman Bill Richardson, passed Congress and was signed into law by President Clinton, on May 31, 1994. Men's Health Week is organized by <u>Men's Health Network</u> (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork.

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