

Proclamation

WHEREAS, *despite advances in medical technology and research, men continue to live an average of five years less than women with African-American men having the lowest life expectancy; and*

WHEREAS, *educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and*

WHEREAS, *men who are educated about the value of preventative health will be more likely to participate in health screening; and*

WHEREAS, *fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and*

WHEREAS, *Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and*

WHEREAS, *Durham's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and*

WHEREAS, *the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.*

NOW, THEREFORE, I, William V. "Bill" Bell, Mayor of the City of Durham, North Carolina do hereby proclaim June 13-19, 2016 as

"MEN'S HEALTH WEEK"

in Durham, and hereby urge all citizens to take special note of this observance and to encourage all citizens to pursue preventative health practices and early detection efforts.

WITNESS my hand and the corporate seal of the City of Durham, North Carolina, this 13th day of June 2016.




William V. "Bill" Bell
Mayor