

## "NATIONAL MEN'S HEALTH WEEK"

WHEREAS, National Men's Health Week highlights health issues that are specific to males and raises awareness of conditions such as heart disease, diabetes, prostate, testicular, and colon cancer; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the bill establishing National Men's Health Week was passed by the U.S. Senate and House of Representatives, and was signed into law on May 31, 1994 by President Bill Clinton; and

WHEREAS, regardless of numerous advances in medical technology and research, men continue to live an average of five years less than women; and

WHEREAS, prevention is the key to good health, yet many men are reluctant to visit their physicians annually thus avoiding regular screenings that might alert them to potential health problems that could benefit from timely treatment and increase their survival; and

WHEREAS, families are encouraged to promote awareness because a man's physical condition impacts all who love him, and regular examinations can discover issues that may benefit from early detection and possibly l increase survival rates;

NOW, THEREFORE, I, HARRY LAROSILIERE, MAYOR OF THE CITY OF PLANO, TEXAS, do hereby proclaim Monday, June 13 – Sunday, June 19, 2016 as National Men's Health Week" in Plano, and I do thereby encourage all citizens to join me and the Plano City Council in urging those we love to get regular physicals. We also wish every Dad a happy Father's Day and a full and happy life.



