

## Municipality of Anchorage, Alaska



### PROCLAMATION

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value of preventative health will be more likely to participate in health screening; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, Men's Health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, Anchorage Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

**WHEREAS**, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

**NOW, THEREFORE**, I, Ethan Berkowitz, Mayor of the Anchorage, do hereby proclaim June 13<sup>th</sup> – 16<sup>th</sup>, 2016 as

## Men's Health Week

**IN** Anchorage, and encourage all residents to pursue preventative health practices and early detection efforts.



  
MAYOR