

## CITY OF FORT WAYNE

## OFFICE OF THE MAYOR

## PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of

five years less than women with African-American men having the lowest life expectancy;

and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle

and early detection of male health problems will result in reducing rates of mortality from

disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to

participate in health screening and fathers who maintain a healthy lifestyle are role models

for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a

special campaign to help educate men and their families about the importance of positive

health attitudes and preventative health practices; and

WHEREAS, Fort Wayne Men's Health Week will focus on a broad range of men's health issues,

including heart disease, diabetes, mental health, prostate, testicular and colon cancer. The citizens of this state are encouraged to increase awareness of the importance of a healthy

lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, THOMAS C. HENRY, Mayor of the City of Fort Wayne, Indiana, do hereby

proclaim, June 13, 2016, as

## NATIONAL MEN'S HEALTH WEEK

in Fort Wayne, encouraging all citizens to duly note this occasion.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the Office of Mayor, City of Fort Wayne, Indiana to be affixed this 19<sup>TH</sup> day of February, 2016.

Thomas C. Henry

Mayor