

PROCLAMATION

HONORING NATIONAL MEN'S HEALTH WEEK JUNE 13-19, 2016

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the City of Fremont's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancer; and

WHEREAS, the citizens of the City of Fremont are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, the City Council of the City of Fremont, hereby proclaims the week ending on Father's Day as Men's Health Week and encourages all citizens to pursue preventative health practices and early detection efforts.



February 18, 2016

DATE

Bill Hanson
MAYOR

CITY OF FREMONT