

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, the Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Jackson, Tennessee Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular, and colon cancer; and

WHEREAS, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, JERRY GIST, MAYOR OF THE CITY OF JACKSON, TENNESSEE, DO HEREBY PROCLAIM THE WEEK OF JUNE 13 - 19, 2016 AS

MEN'S HEALTH WEEK

and urge all citizens to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

IN WITNESS WHEREOF, WE HEREUNTO SET OUR HANDS AND CAUSE THE SEALS OF THE CITY OF JACKSON, TENNESSEE, AND MADISON COUNTY, TENNESSEE, TO BE AFFIXED THIS 13th day of June, 2016.

**JERRY GIST
MAYOR OF JACKSON, TENNESSEE**