

A PROCLAMATION OF THE MAYOR OF THE CITY OF NORMAN, OKLAHOMA, PROCLAIMING THE WEEK OF JUNE 13 THROUGH 19, 2016, AS MEN'S HEALTH WEEK IN THE CITY OF NORMAN.

- § 1. WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with African-American men having the lowest life expectancy; and
- § 2. WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- § 3. WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and
- § 4. WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- § 5. WHEREAS, Men's Health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- § 6. WHEREAS, Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancer; and
- § 7. WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups.

NOW, THEREFORE, I, MAYOR OF THE CITY OF NORMAN, OKLAHOMA:

- § 8. Do hereby proclaim the week of Father's Day as Men's Health Week in the City of Norman and encourage all our citizens to pursue preventative health practices and early detection efforts.

PASSED AND APPROVED this 18<sup>th</sup> day of April, 2016.

*Cindy Rossett*  
Mayor

ATTEST:

*Brenda Hall*  
City Clerk

