Whereas, despite progresses in medical technology and research, men continue to live an average of five years less than women, with African-American men having the lowest life expectancy; and

Whereas, educating the general public as well as health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in lower rates of mortality from disease; and

Whereas, men who are educated about the importance of preventative health are more likely to participate in health screenings; and

Whereas, fathers who maintain healthy lifestyles are role models for their children and have happier, healthier children; and

Whereas, this year, Men’s Health Week will focus on a broad range of health issues including heart disease, diabetes, mental health and prostate, testicular and colon cancer; and

Whereas, Oklahomans are urged to increase their awareness regarding the importance of a healthy lifestyle, regular exercise, and medical check-ups;

Now, therefore, I, Mary Fallin, Governor, do hereby proclaim the week of June 13th, 2016, as

“Men’s Health Week”

in the state of Oklahoma.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Oklahoma to be affixed.

Done at the Capitol, in the City of Oklahoma City, this 17th day of February, in the Year of Our Lord two thousand and sixteen, and of the State of Oklahoma in the One Hundred and Eighth Year.

[Signature]
Governor

[Signature]
Secretary of State