## Men's Health Month

June 2016

## Proclamation

Whereas, despite advances in medical technology and treatment, Native American men live significantly shorter lives and suffer higher death rates for many causes compared to their female counterparts or U.S. males overall; and

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems can result in reducing rates of mortality from disease; and

Whereas, men who are informed about the value of preventative health and supported in accessing it will be more likely to participate in health screening and treatment; and

Whereas, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men age 21 and older and their families about the importance of positive health attitudes and preventative health practices; and

Whereas the Men's Health Week web site has been established at www.menshealthweek.org and features resources, proclamations, and information about awareness events; and

Whereas, Port Gamble S'Klallam Tribe expands this event to Men's Health Month and will focus on a broad range of men's health issues, including oral health, heart disease, diabetes, mental health, and colon cancer; and

Whereas, the members of the Tribe are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

Tribal Chair

Now, therefore, the Tribal Council of the Port Gamble S'Klallam Tribe does hereby proclaim the month of June as Men's Health Month, and encourages all our citizens to pursue preventative health practices and early detection efforts.

(signed)