



*Proclamation*  
City of Chula Vista, California

**PROCLAIMING JUNE 13 THROUGH JUNE 19, 2016 AS  
MEN'S HEALTH WEEK IN THE CITY OF CHULA VISTA**

**WHEREAS,** *despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and*

**WHEREAS,** *educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and*

**WHEREAS,** *men who are educated about the value of preventative health will be more likely to participate in health screening; and*

**WHEREAS,** *fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and*

**WHEREAS,** *Men's Health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and*

**WHEREAS,** *Chula Vista Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and*

**WHEREAS,** *the residents of California are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups,*

**NOW, THEREFORE, I, MARY CASILLAS SALAS, 40<sup>th</sup> Mayor of the City of Chula Vista, together with the City Council, do hereby proclaim June 13 through June 19, 2016 as *Men's Health Week*, the week ending Father's Day and encourage all our residents to pursue preventative health practices and early detection efforts.**

Dated this 19<sup>TH</sup> day of June, 2016

Mary Casillas Salas  
Mayor of the City of Chula Vista

