City of Port Neches Proclamation

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Week website has been established at <u>www.menshealthweek.org</u> and features resources, proclamations, and information about awareness events; and

WHEREAS, the City of Port Neches' Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Glenn Johnson, by virtue of the authority vested in me as Mayor of the City of Port Neches, Texas, do hereby proclaim the week of June 13, 2016 – June 19, 2016 as Men's Health Week in this city, and encourage all our citizens to pursue preventative health practices and early detection efforts.

IN OFFICIAL REODGNITION WHEREOF, I hereby affix my signature this 21st day of April, 2016.

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