

PROCLAMATION

“Men’s Health Week”

June 13 - 19, 2016

- WHEREAS:** *Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and*
- WHEREAS:** *Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and*
- WHEREAS:** *Men who are educated about the value of preventative health will be more likely to participate in health screening. Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and*
- WHEREAS:** *Men’s Health Network worked with Congress to develop National Men’s Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and*
- WHEREAS:** *The Men’s Health Network worked with Congress to develop national Men’s Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and*
- WHEREAS:** *The Men’s Health Week website has been established at www.menshealthweek.org and features resources, proclamations, and information about awareness events; and*
- WHEREAS:** *Pueblo’s Health Week will focus on a broad range of men’s health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer. The citizens of this State are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.*

NOW, THEREFORE, WE, the City Council of the City of Pueblo, Colorado, by the authority vested in us, do hereby proclaim the week of June 13-19, 2016, as “**Men’s Health Week**” in the City and County of Pueblo, Colorado and encourage all our citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Pueblo, Colorado, to be affixed this thirteenth day of June 2016

Stephen G. Nawrocki
President of the City Council

