



## PROCLAMATION

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### MEN'S HEALTH WEEK

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public about the importance of how a healthy lifestyle and the early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are informed about the value of preventative health will be more likely to participate in health screenings; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, Men's health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

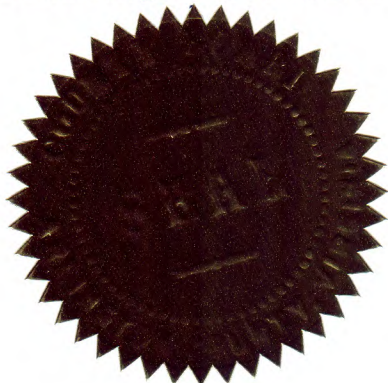
**WHEREAS**, Arlington Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

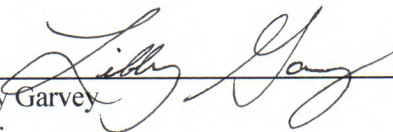
**WHEREAS**, the citizens of Arlington are encouraged to increase their awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

**NOW, THEREFORE, I**, Libby Garvey, Chair of the County Board of Arlington, Virginia, do hereby proclaim June 13, 2016 through June 19, 2016 as

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in Arlington, and encourage all of our citizens to pursue preventative health practices and early detection efforts.



  
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Libby Garvey  
Chair