

Commonwealth of Pennsylvania



Governor's Office

PROCLAMATION

MEN'S HEALTH WEEK

June 13-19, 2016

WHEREAS, despite advances in medical technology and research, men continue to live an average of almost five years less than women, with African-American men having the lowest life expectancy of all races in the United States; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will reduce rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventive health will be more likely to participate in health screenings, therefore modeling healthy choices for their families; and

WHEREAS, Men's Health Week was developed as a special campaign to help educate men and their families about the importance of positive health attitudes and preventive health practices; and

WHEREAS, Men's Health Week focuses on a broad range of men's health issues, including heart disease, diabetes, mental health, and prostate, testicular, and colon cancer; and

WHEREAS, earlier this year, a routine checkup with my doctors led to a diagnosis of a treatable form of prostate cancer. I am a prime example of why routine checkups actually matter and make a difference in the health of all Pennsylvanians; and

WHEREAS, by promoting physical and mental wellness through healthy lifestyle choices, regular exercise, and medical checkups, we protect the commonwealth's greatest resource – its people.

THEREFORE, I, Tom Wolf, Governor of the Commonwealth of Pennsylvania, do hereby proclaim June 13-19, 2016, as MEN'S HEALTH WEEK. I encourage all Pennsylvanians to pursue preventive health practices and early detection efforts.



GIVEN under my hand and the Seal of the Governor, at the City of Harrisburg, on this sixteenth day of May in the Year of our Lord two thousand and sixteen, and of the Commonwealth the two hundred and fortieth.

Tom Wolf
TOM WOLF
Governor