CITY OF COLVILLE

PROCLAMATION

WHEREAS, per Congressional Record, May 24, 1994, heightening the awareness of preventable health problems and increasing early detection and treatment of disease would significantly improve our Nation's health, as well as save limited health care dollars. Recognizing and preventing men's health problems is not just a man's issue. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue; and

WHEREAS, despite advance in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Week website has been established at <u>www.menshealthweek.org</u> and features resources, proclamations, and information about awareness events; and

WHEREAS, Colville Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

NOW, THEREFORE, I, Louis F. Janke, Mayor of the City of Colville, do hereby proclaim the week ending on Father's Day as Men's Health Week in this City, and encourage all our citizens to pursue preventative health practices and early detection efforts, as

NATIONAL MEN'S HEALTH WEEK

in the City of Colville, and I urge all citizens to work together to promote and improve the health of men and to increase awareness and understanding of men's health issues.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Colville to be affixed this 24th day of May, 2016.

Louis F. Janke, MAYOR

Attest:

Holly Pannell, CMC, PFO

City Clerk/Human Resources Manager