Proclamation

ho the

Mayor of the City of Benton, Texas

To all to whom these presents shall come,

Greetings:

WHEREAS, despite advances in medical technology and research, men continue to live an average of five

years less than women with Native American and African-American men having the lowest

life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and

early detection of male health problems will result in reducing rates of mortality from

disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to

participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier,

healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop Men's Health Week as a special

campaign to help educate men, boys, and their families about the importance of positive

health attitudes and preventative health practices; and

WHEREAS, the Men's Health Week website has been established at www.menshealthweek.org and

features resources, proclamations, and information about awareness events; and

WHEREAS, Denton Men's Health Week will focus on a broad range of men's health issues, including

heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

WHEREAS, the men of this state are encouraged to increase awareness of the importance of a healthy

lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Chris Watts, Mayor of the City of Denton, Texas, do hereby declare and proclaim June 13-

19, 2016 as

"MEN'S HEALTH WEEK"

in the City of Denton, and urge all male citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the City of Denton, Texas to be affixed this the day of 2016.

CHRIS WATTS, MAYOR

ATTEST:
JENNIFER WALTERS, CITY SECRETARY

BY: Jennyle likettein