

Proclamation

Whereas: despite advances in medical technology and research, men continue to live

an average of five years less than women with Native American and

African-American men having the lowest life expectancy; and,

Whereas: educating the public and health care providers about the importance of a

healthy lifestyle and early detection of male health problems will result in

reducing rates of mortality from disease; and,

Whereas: men who are educated about the value of preventative health will be more

likely to participate in health screening; and,

Whereas: fathers who maintain a healthy lifestyle are role models for their children

and have happier, healthier children; and

Whereas: Men's Health Network worked with Congress to develop Men's Health

Week as a special campaign to help educate, men, boys and their families about the importance of positive health attitudes and preventative health

practices; and

Whereas: the Men's Health Week website has been established at

www.menshealthweek.org and features resources, proclamations and

information about awareness events;

Whereas: The City of Harrisburg Men's Health Week will focus on a broad range of

men's health issues, including heart disease, diabetes, mental health,

prostate, testicular and colon cancer; and

Whereas: the citizens of this state are encouraged to increase awareness of the

importance of a healthy lifestyle, regular exercise, and medical check-ups;

Pow Therefore: I, Dale Fowler, Mayor of the City of Harrisburg, Illinois do hereby proclaim the week ending on Father's Day as Men's Health Week throughout the City of Harrisburg, and encourage all our citizens to pursue preventative health practices and early detection efforts.

In Witness Whereof, I have set my hand and caused the Seal of the City of Harrisburg to be affixed this 27th day of May, 2016.

Dale Fowler, Mayor