



*City of Lufkin*  
*Office of the Mayor*

**WHEREAS:** despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

**WHEREAS:** educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS:** men who are educated about the value of preventative health will be more likely to participate in health screening; and

**WHEREAS:** fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS:** Men's Health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS:** the Men's Health Week web site has been established at [www.menshealthweek.org](http://www.menshealthweek.org) and features resources, proclamations and information about awareness events; and

**WHEREAS:** the City of Lufkin Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

**WHEREAS:** the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups; and

**Now, Therefore, I,** Bob F. Brown, Mayor of the city of Lufkin, do hereby proclaim the week ending in Father's Day as

**MEN'S HEALTH WEEK!**

in this City, and encourage all our citizens to pursue preventative health practices and early detection efforts.



*In witness whereof I set my hand and  
Cause the seal of this City to be affixed.*

Mayor

*Bob F. Brown*