



Proclamation

**RECOGNIZING
MEN'S HEALTH WEEK
June 13 – 19, 2016**

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Sacramento's Health Week will focus on a broad range of men's health issues including heart disease, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, the citizens of Sacramento are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, BE IT RESOLVED that I, Kevin Johnson, Mayor of the city of Sacramento, do hereby proclaim June 13 – 19, 2016, the week ending on Father's Day, as Men's Health Week in Sacramento and encourage residents to pursue preventative health practices and early detection efforts.

ISSUED: This 26th Day of May, 2016

Kevin Johnson
Mayor