Proclamation

Men's Health Week

WHEREAS: Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS: Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS: Men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS: Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS: Men's Health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS: Stockton Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

WHEREAS: The citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, ANTHONY SILVA, as Mayor of the City of Stockton, and on behalf of the Stockton City Council, do hereby designate the week of June 13 – June 19, 2016 as

Men's Health Week

IN WITNESS WHEREOF, I hereunto set my hand and caused the Seal of the City of Stockton to be affixed this 24th day of May, two-thousand-sixteen.

MAYOR ANTHONY SILVA