## MAYOR AND CITY COUNCIL

CITY OF STOCKTON

## Proclamation Men's Health Week

WHEREAS: Despite advances in medical technology and research, men

continue to live an average of five years less than women with Native American and African-American men having

the lowest life expectancy; and

WHEREAS: Educating the public and health care providers about the

importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality

from disease; and

WHEREAS: Men who are educated about the value of preventative

health will be more likely to participate in health screening;

and

WHEREAS: Fathers who maintain a healthy lifestyle are role models for

their children and have happier, healthier children; and Men's Health Network worked with Congress to develop

Men's Health Week as a special campaign to help educate

men, boys, and their families about the importance of positive health attitudes and preventative health practices;

and

WHEREAS: Stockton Men's Health Week will focus on a broad range of

men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

WHEREAS: The citizens of this state are encouraged to increase

awareness of the importance of a healthy lifestyle, regular

exercise, and medical check-ups.

NOW, THEREFORE, I, ANTHONY SILVA, as Mayor of the City of Stockton, and on behalf of the Stockton City Council, do hereby designate the week of June 13 – June 19, 2016 as

## Men's Health Week

IN WITNESS WHEREOF, I hereunto set my hand and caused the Seal of the City of Stockton to be affixed this 24th day of May, two-thousand-sixteen.

MAYOR ANTHONY SILVA



WHEREAS: