## City of Kingsport Proclamation

**Whereas**, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and,

**Whereas**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and,

**Whereas**, men who are educated about the value of preventative health will be more likely to participate in health screening; and

**Whereas**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and,

**Whereas**, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and,

**Thereas**, Kingsport's Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and,

**Whereas**, the citizens of our city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

**Dow, Therefore,** I, John Clark, Mayor of the City of Kingsport, and on behalf of the Board of Mayor and Aldermen of the City of Kingsport, do hereby proclaim June 13th through the 19th, 2016 as

## Men's Health Week

in Kingsport, and encourage all our citizens to pursue preventative health practices and early detection efforts.



In Witness Whereof, I have hereunto set my hand and caused the Seal of the City of Kingsport, Tennessee, to be affixed this the 13<sup>th</sup> day of June, in the year of our Lord two thousand and sixteen.

John Clark, Mayor