Office of the Mayor

City of Mt. Juliet, Tennessee



WHEREAS,

Despite advances in medical technology and research, men continue to live an average of five years less than women with African-American men having the lowest life expectancy; and

WHEREAS,

educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS,

Men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS,

Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS,

Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS,

Mt. Juliet's Health Week will focus on a broad range of men's health issues including heart disease, diabetes, mental health, prostate, testicular and colon cancer, and

WHEREAS,

The citizens of Mt. Juliet are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

THEREFORE,

I, Ed Hagerty, Mayor of the City of Mt. Juliet, do hereby proclaim June 13th through June 19th as

Men's Health Week

And encourage all our citizens to pursue preventative health practices and early detection efforts.

In witness whereof I have hereunto set my hand And caused this seal to be affixed.

Ed thywy Mayor