

Federated States of Micronesia (FSM)

FSM National Men's Health Week

On June 1, 2009 President Mori signed a proclamation proclaiming June 15th-20th as FSM National Men's Health Week.

In the proclamation, President Mori stated that National Men's Week in FSM is going to be celebrated this year with the theme of "Men's Health Awareness", with a focus on "Men's Roles in Family Health." The proclamation also noted that men in the Federated States of Micronesia have a shorter life expectancy than women (64 years vs.67 years) according to the FSM 2000 census. The proclamation further states that men in the FSM are encouraged to take an active role and "scale up in their responsibility to make a difference for a change in the lives of their families and in the community by promoting good citizenship and a good role model for good health practices."

In the proclamation President Mori encouraged all men in the FSM to take responsibility for their health by incorporating physical activity, healthy eating and an annual health check-up in their schedules.

FSM first started celebrating Men's Health Week in June of 2008. Last year's theme was "Cancer Awareness and its Burden" with a major focus on the leading causes of death in the FSM and on cancers in specific.

The FSM National Government will celebrate FSM National Men's Health Week on Wednesday, June 17, 2009 with Health Conference and a full day of activities.

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