



# Proclamation

## Habematolel Pomo Of Upper Lake Men's Health Month (June)

Men's Health Month began in 1994 with the Congressional passage of Men's Health Week, sponsored by Senator Bob Dole and Congressman Bill Richardson at the request of Men's Health Network.

The Executive Council declares and adopts June as Men's Health Month, increasing awareness of men's health as an extremely important issue not just for men, but also for women and families. Heightening the awareness of preventable health problems and increasing early detection and treatment of disease would significantly improve our Nation's health, as well as save limited health care dollars.

WHEREAS, despite advances in medical technology and treatment, Native American men live significantly shorter lives and suffer higher death rates for many causes compared to their female counterparts or U.S. males overall; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems can result in reducing rates of mortality from disease; and

WHEREAS, men who are informed about the value of preventative health and supported in accessing it will be more likely to participate in health screening and treatment; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop a men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month web site has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, *the Habematolel Pomo of Upper Lake's* Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

WHEREAS, the members of Tribe are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW THEREFORE, we, the Executive Council of the *Habematolel Pomo of Upper Lake*, do hereby proclaim June as Men's Health Month in our Tribe, and encourage all our citizens to pursue preventative health practices and early detection efforts.

NOW, THEREFORE, IN ACCORDANCE WITH the aforesaid Proclamation, it is promulgated and declared that the following shall apply

Sherry Treppa, Chairperson

MAR 16 2017

Date