

**Village of Arlington Heights Proclamation  
Recognizing June as  
Men's Health Month**

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women with Native-American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

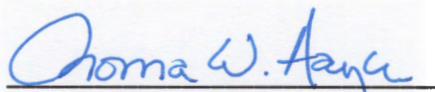
**WHEREAS**, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, the Men's Health Month web site has been established at [www.menshealthmonth.org](http://www.menshealthmonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

**WHEREAS**, Arlington Heights Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

**WHEREAS**, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

**NOW, THEREFORE**, I, Thomas W. Hayes, Mayor of Arlington Heights, along with the Village Board, do hereby proclaim June, 2017 as **MEN'S HEALTH MONTH** in the Village of Arlington Heights.



Thomas W. Hayes  
Mayor of Arlington Heights

Trustee Carol Blackwood  
Trustee Joseph Farwell  
Trustee Thomas Glasgow  
Trustee Robin LaBedz

Trustee Bert Rosenberg  
Trustee John Scaletta  
Trustee Michael J. Sidor  
Trustee Jim Tinaglia

