

PROCLAMATION

- WHEREAS,despite advances in medical technology and research, men continue to live
an average of five years less than women with Native American and African-
American men having the lowest life expectancy; and
- WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and
- WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS, the Men's Health Month website has been established at <u>www.MensHealthMonth.org</u> and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and
- WHEREAS, Darien's Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer and;
- WHEREAS, the citizens of this town are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups.

NOW, THEREFORE, I, Jayme J. Stevenson, First Selectman, of the Town of Darien, by virtue of the authority vested in me, do hereby designate June 2017 as

MEN'S HEALTH MONTH

and encourage all our citizens to pursue preventative health practices and early detection efforts.

Dated this 1st day of June, 2017

Jayme J. Stevensøn, First Selectman Town of Darien. Connecticut