Intreas: despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

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WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health practices will be more likely to participate in health screening and fathers who maintain a healthy lifestyle are role models for their children; and

WHEREAS, the Men's Health Week web site has been established at <u>www.MensHealthWeek.org</u> and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Linda Martin, Mayor of the City of Euless, Texas, do hereby proclaim the week of June 12th through the 18th as:

Men's Health Week

throughout the City of Euless and encourage all of our citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have signed my name and affixed the official seal of the City hereto, on this 1st day of March 2017.

inda Martin, Mayor