



# Proclamation

**WHEREAS;** despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

**WHEREAS;** educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS;** men who are educated about the value of preventative health will be more likely to participate in health screening; and

**WHEREAS;** fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS;** Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS,** the Men's Health Week web site has been established at [www.menshealthweek.org](http://www.menshealthweek.org) and features resources, proclamations, and information about awareness events; and

**WHEREAS,** Gastonia Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

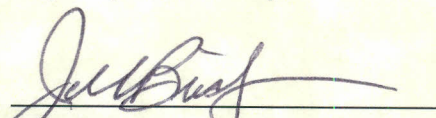
**WHEREAS,** the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

**NOW, THEREFORE,** I, John D. Bridgeman, Mayor of the City of Gastonia, and the Gastonia City Council, do hereby proclaim the week of **June 12 - 18 and including Father's Day** as

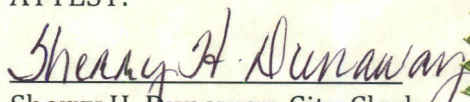
## Men's Health Week

in this city, and encourage all our citizens to pursue preventative health practices and early detection efforts.

**IN WITNESS THEREOF,** I hereunto set my hand this 6<sup>th</sup> day of June in the year of our Lord two thousand seventeen.

  
John D. Bridgeman, Mayor

ATTEST:

  
Sherry H. Dunaway, City Clerk

