

# City of Suffolk, Virginia



## Proclamation

**WHEREAS**, despite advances in medical research and technology, men's life spans are, on average, five years less than those of women; and

**WHEREAS**, sharing information about the importance of healthy lifestyles and regular health exams to detect deficiencies early are vital in reducing rates of mortality; and

**WHEREAS**, fathers who maintain healthy lifestyles are role models for their children; and

**WHEREAS**, the Men's Health Network has developed a campaign to help educate men and their families about the importance of positive life choices and preventative health practices; and

**WHEREAS**, Men's Health Week is an opportunity to focus on a broad range of men's health issues, such as heart disease, mental health, diabetes, prostate and reproductive cancers.

**NOW THEREFORE**, I, Linda T. Johnson, Mayor of the City of Suffolk, do hereby proclaim June 12, 2017, through June 18, 2017, as

### **"MEN'S HEALTH WEEK"**

in Suffolk, Virginia and encourage all citizens to take the time to learn about healthy lifestyles and schedule your medical check-ups for longer, more gratifying lives.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the seal of the City of Suffolk to be affixed this 12<sup>th</sup> day of June in the year of our Lord, Two Thousand Seventeen.



Linda T. Johnson  
Mayor