

CITY OF ALBANY, NEW YORK Office of the Mayor

WHEREAS: Despite advances in medical technology and research, men continue to live an average of five

years less than women with Native American and African-American men having the lowest life

expectancy; and

WHEREAS: Educating the public and health care providers about the importance of a healthy lifestyle and

early detection of male health problems will result in reducing rates of mortality from disease;

and

WHEREAS: Men who are educated about the value that preventative health can play in prolonging their

lifespan and their role as productive family members will be more likely to participate in health

screenings; and

WHEREAS: Fathers who maintain a healthy lifestyles are role models for their children and have happier,

healthier children; and

WHEREAS: The Men's Health Network worked with Congress to develop a national men's health

awareness period as a special campaign to help educate men, boys and their families about the

importance of positive health attitudes and preventative health practices; and

WHEREAS: The Men's Health Month website has been established at MensHealthMonth.org and features

resources, proclamations and information about awareness events and activities including Wear

Blue for Mean's Health; and

WHEREAS: The City of Albany Men's Health Month will focus on a broad range of men's health issues,

including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

WHEREAS: The citizens of Albany are encouraged to increase awareness of the importance of a healthy

lifestyle, regular exercise and medical check-ups.

NOW, THEREFORE, I, Kathy M. Sheehan, Mayor of the City of Albany, New York do hereby proclaim June 2017 to be:

"Men's Health Month"

in the City of Albany, and encourage all citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Albany, New York to be affixed this 4th day of May, 2017.

MAYOR