

# Proclamation



**Whereas**, despite advances in medical technology and research, men continue to live an average of five years less than women. Furthermore, Native-American and African-American men have the lowest life expectancy out of all; and,

**Whereas**, educating the public and healthcare providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and,

**Whereas**, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and,

**Whereas**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and,

**Whereas**, Bridgeport Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and,

**Whereas**, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups, by pursuing preventative health practices and early detection efforts.

**Now Therefore**, I, Joseph P. Ganim, Mayor of the City of Bridgeport, do hereby proclaim June as

## *"Men's Health Month"*

In the Great City of Bridgeport, Connecticut

In witness, whereof, I have hereunto set my hand and caused the seal of the City of Bridgeport to be affixed this 1<sup>st</sup> Day of June A.D. 2017



*Joseph P. Ganim*  
Mayor