

## City of Columbia A Proclamation of Men's Health Week

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy: and

WHEREAS, educating the public and healthcare providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with the United States Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Columbia Men's Health Week will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and mental check-ups.

NOW THEREFORE, I, Stephen K. Benjamin, Mayor of the City of Columbia, South Carolina, along with my fellow members of Columbia City Council, do hereby proclaim the week of June 12-18, 2017 to be

## Men's Health Week

in the great City of Columbia and urge my fellow citizens to recognize and participate in its observance.

Sam Davis

District I, Council Member

Howard E. Duvall, Jr.

At-Large, Council Member

Daniel Rickenmann

District IV, Council Member

Stephen K. Benjamin Mayor

> Tameika Isaac Devine At-Large, Council Member

Edward H. McDowell, Jr.

District II, Council Member