The City of Harrisburg, Illinois

## Proclamation

Whereas:	despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and,
Whereas:	educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and,
Whereas:	men who are educated about the value of preventative health will be more likely to participate in health screening; and,
Whereas:	fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
Whereas:	Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate, men, boys and their families about the importance of positive health attitudes and preventative health practices; and
Whereas:	the Men's Health Week website has been established at <u>www.menshealthweek.org</u> and features resources, proclamations and information about awareness events and activities, including Wear Blue for Men's Health; and
Whereas:	The City of Harrisburg Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and
Whereas:	the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;
	<b>fore:</b> I, John McPeek, Mayor of the City of Harrisburg, Illinois do hereby

proclaim the week ending on Father's Day as Men's Health Week throughout the City of Harrisburg, Illinois do hereby proclaim the week ending on Father's Day as Men's Health Week throughout the City of Harrisburg, and encourage all our citizens to pursue preventative health practices and early detection efforts.

**In Witness Whereof**, I have set my hand and caused the Seal of the City of Harrisburg to be affixed this 1<sup>st</sup> day of June, 2017.

John McPeek, Mayor