

Office of the Mayor

Proclamation

City of Hurst

Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

The Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

The Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

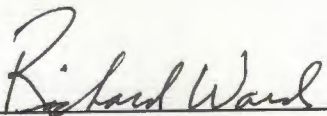
Hurst's Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular, and colon cancer; and

The citizens of Hurst are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW THEREFORE, I, Richard Ward, Mayor of the City of Hurst, Texas on behalf of the entire City Council and our citizens, do hereby proclaim the month of June as **Men's Health Month** and encourage all our citizens to pursue preventative health practices and early detection efforts.

Witness my Hand and the Official Seal of the City of Hurst, Texas, on this the 1st day of June 2017.




Richard Ward, Mayor