## **CITY OF KENAI PROCLAMATION**

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, the Men's Health Month website has been established at <u>www.MensHealthMonth.org</u> and features resources, proclamations, and information about awareness, including Wear Blue for Men's Health; and

WHEREAS, the residents of the City of Kenai are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

**NOW, THEREFORE**, I, Brian Gabriel, Mayor of the City of Kenai, do hereby proclaim June as Men's health Month in Kenai and encourage all our residents to pursue preventative health practices and early detection efforts.

BRIAN GABRIEL SR., MAYOR

ATTEST:

Jamie Heinz, CMC Kenai Acting City Clerk