## 20 Citr of Lawton. Oklahoma

**Whereas**, despite advances in medical technology and research, men continue to live an average of five years less than women and Native American and African-American men having the lowest life expectancy; and

**Whereas**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**Whereas**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**Bhereas**, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**Whereas**, the Men's Health Month web site has been established at <u>www.MensHealthMonth.org</u> and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

**Whereas**, The citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

Row, Therefore, I, Fred L. Fitch, Mayor of the City of Lawton herby proclaim June as

## Men's Health Month

and encourage all our citizens to pursue preventative health practices and early detection efforts.

**In Witness Whereof**, I have hereunto set my hand and caused this seal of the City of Lawton to be attaced this month of June, 2017

Fred L. Fitch, Mayor