Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women and Native American and African-American men having the lowest life expectancy; and

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Whereas, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

Whereas, The citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

Now, Therefore, I, Fred L. Fitch, Mayor of the City of Lawton herby proclaim June as

Men's Health Month

and encourage all our citizens to pursue preventative health practices and early detection efforts.

In Witness Whereof, I have hereunto set my hand and caused this seal of the City of Lawton to be sealed this month of June, 2017

Fred L. Fitch, Mayor