## THE CITY OF MIAMI

## DOCUATION

WHEREAS: Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS: Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS: Men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS: Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS: Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS:** The Men's Health Week website has been established at <a href="https://www.MensHealthWeek.org">www.MensHealthWeek.org</a> and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS: The City of Miami Men's Health Week will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

**WHEREAS:** The citizens of Miami are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups:

**NOW THEREFORE:** I, Tomás P. Regalado, Mayor of the City of Miami, Florida, with the unanimous concurrence of the Honorable Members of the City Commission, on behalf of our citizens, do hereby proclaim the week leading up to and including Father's Day, June 12 through June 18, 2017

## Men's Health Week in the City of Miami

**IN OBSERVANCE THEREOF:** I call upon all residents of the City of Miami and the Honorable City Commission to join me in celebrating this notable occasion and encourage citizens, residents, and visitors to Miami to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF: I hereunto set my hand and cause the seal of the City of Miami to be affixed.

**DONE:** In the Office of the Mayor of the City of Miami, Florida.

