## Office of the Mayor

City of Pine Bluff





despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS,

educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS,

men who are educated about the value of preventive health will be more likely to participate in health will be more likely to participate in health screening; and

WHEREAS,

fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS,

Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS,

Whereas the Men's Health week website has been established at www.menshealthweek.org and features resources, proclamations, and information about awareness events and activities including Wear Blue for Men's Health; and

WHEREAS,

Pine Bluff Men's Health Week will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular, and colon cancer; and

WHEREAS,

the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

**NOW, THEREFORE, I,** Shirley Washington, Mayor of the City of Pine Bluff, Arkansas, do hereby proclaim June 12–June 18, 2017 as:

## "Men's Health Week"

In the City of Pine Bluff, and encourage all citizens to pursue preventative health exercises and early detection efforts.

IN WITNESS WHEREOF, I HAVE SET MY HAND AND THE SEAL OF THE CITY OF PINE BLUFF TO BE AFFIXED ON THIS TWELTH OF JUNE IN 2017 IN THE YEAR OF OUR LORD, TWO THOUSAND AND SEVENTEEN.