



Gary Richard Herbert

Governor  
Declaration

Whereas, men live an average of five years less than women, despite advances in medical technology and research, with Native American and African-American men having the lowest life expectancy;

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease;

Whereas, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings;

Whereas, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children;

Whereas, we encourage men to recognize the importance of a healthy lifestyle, regular exercise, and medical check-ups;

Whereas, we also encourage medical professionals to promote testing for and be vigilant in recognizing heart disease, diabetes, prostate, testicular, and colon cancers, and more;

Now, therefore, I, Gary R. Herbert, Governor of the great State of Utah, do hereby declare June 2017, as

Men's Health Month in Utah

Gary R. Herbert  
Governor