

- WHEREAS Men continue to live an average of five years less than women despite advances in medical technology and research; and
- WHEREAS Educating the public and health care providers about the importance of living a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS Men who are educated about the value that preventive health can play in prolonging their lifespan are more likely to participate in health screenings; and
- WHEREAS Fathers who maintain a healthy lifestyle are role models and have happier, healthier children; and
- WHEREAS The Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS The Men's Health Month web site features information and resources to increase awareness and participation in events and activities like Wear Blue for Men's Health; and
- WHEREAS Men's Health Month is an opportunity to focus on a broad range of health issues affecting men such as heart disease, mental health, diabetes and prostate, testicular and colon cancers; and
- WHEREAS The citizens of Killeen are encouraged to understand the importance of a healthy lifestyle, regular exercise and medical check-ups and to make changes that can lead to a long life.

NOW THEREFORE, I, Jose L. Segarra, by virtue of the authority vested in me as Mayor of the City of Killeen do hereby proclaim June, 2017 as:

Men's Health Month

And encourage all citizens to pursue preventative health practices and early detection efforts this month and every month.

In Witness Whereof, I have hereunto set my hand and caused the Seal of the City of Killeen to be affixed this 16<sup>th</sup> day of May, 2017.

Segarra, MAYOR