



A PROCLAMATION

Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy. Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease.

Men's Health Month focuses on a broad range of issues, including heart disease, diabetes, mental health, prostate, testicular, and colon cancer. Recognizing and preventing men's health problems is not just a men's issue because of its far-reaching impact on their families.

It is vital that both boys and men in the City of Phoenix engage in healthy behaviors, have regular screenings, and seek help when needed. Men's Health Month has established a website at menshealthmonth.com with resources and information about awareness, including Wear Blue for Men's Health. All residents are encouraged to learn more about the importance of a healthy lifestyle, regular exercise and medical check-ups.

NOW, THEREFORE, I, GREG STANTON, Mayor of the City of Phoenix, Arizona, do hereby proclaim June 2017 as

MEN'S HEALTH MONTH

and encourage all residents to pursue preventative health practices in order to lead healthier and happier lives.

Greg Stanton