Office of the Mayor

City of Yonkers

Proclamation

WHEREAS: As Mayor of the City of Yonkers, I join with municipalities across our country, in recognition of **MEN'S HEALTH MONTH**, a special awareness period recognized by Congress in 1994, and

WHEREAS: **MEN'S HEALTH MONTH** is a time for the public to recognize the health needs of both men and boys and is an opportunity to encourage men and boys to engage in healthy behaviors, regular screening and seek help when needed, and

WHEREAS: Despite advances in medical technology and research, men continue to live an average of five years less than women, and educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease, and

WHEREAS: Men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children, and

WHEREAS: The Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitude and preventative health practices, and

WHEREAS: The City of Yonkers recognizes the importance of men's health issues and encourages all our residents to pursue preventative health practices and early detection efforts,

NOW, THEREFORE I, MIKE SPANO, Mayor of the City of Yonkers, do hereby proclaim the month of June to be:

MEN'S HEALTH MONTH 2017

in the City of Yonkers, and I call upon the residents of our City to join with me during the week of June 12th through June 18th 2017 to highlight and promote the health and wellness of men, boys and their families.

Given under my hand and the Seal of the City of Yonkers, New York, this 12th day of June 2017.

MIKE SPANO
Mayor