



## PROCLAMATION

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### MEN'S HEALTH WEEK

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems results in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value of preventative health will be more likely to participate in health screenings; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, Arlington Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

**WHEREAS**, the citizens of Arlington are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

**NOW, THEREFORE, I**, Jay Fisetle, Chair of the County Board of Arlington, Virginia, do hereby proclaim June 12 through June 18, 2017 as

### MEN'S HEALTH WEEK

in Arlington, and encourage all of our citizens to pursue preventative health practices and early detection.

Jay Fisetle  
Chair