



CERTIFICATE of RECOGNITION

By virtue of the authority vested by the Constitution of Virginia in the Governor of the Commonwealth of Virginia, there is hereby officially recognized:

MEN'S HEALTH WEEK

WHEREAS, in 1994, Men's Health Network partnered with Congress to develop National Men's Health Week as a campaign to educate men and their families about the importance of positive health attitudes and preventive health practices; and

WHEREAS, despite advances in medical technology and research, men are still expected to live, on average, five years less than women; and

WHEREAS, it is crucial that men across the Commonwealth are knowledgeable about preventive health practices and are fully equipped to make informed decisions about nutrition, exercise, and regular health screenings; and

WHEREAS, educating men and their families about the importance of a healthy lifestyle, early detection, and preventive screenings will reduce the rates of common male health problems, including heart disease, diabetes, and cancer; and

WHEREAS, it is important for men to detect actual and potential health issues in their early stages - when treatment is both more effective and less costly - to ensure longer, healthier lives; and

WHEREAS, Men's Health Week is an opportunity to encourage men throughout the Commonwealth to increase their awareness of healthy living through regular exercise, balanced nutrition, and consistent medical screenings;

NOW, THEREFORE, I, Terence R. McAuliffe, do hereby recognize June 12-18, 2017, as **MEN'S HEALTH WEEK** in our **COMMONWEALTH OF VIRGINIA**, and I call this observance to the attention of all our citizens.



Handwritten signature of Terence R. McAuliffe in black ink.

Governor

Handwritten signature of Kelly Thomas in black ink.

Secretary of the Commonwealth