

Men's Health Month, 2017

BY THE MAYOR OF THE CITY OF DORAL A PROCLAMATION

As we prepare to celebrate Father's Day and distinguish the important men in our life, it is vital that we bring attention to the different health concerns that men face. Men have an average life expectancy of almost 5 years less than women.

By emphasizing the importance of educating the public and health care providers about a healthy lifestyle and early detection of male health problems, it will result in reducing rates of mortality from disease. Men who are educated about the significance of preventative health will be more likely to participate in health screenings.

The Men's Health Network worked with Congress to develop National Men's Health Month as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health.

Men's Health Month will focus on a wide-range of men's health issues, including heart disease, mental health, cancer and diabetes. The citizens of Doral are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

NOW, THEREFORE, I, Juan Carlos Bermudez, Mayor of the City of Doral, by virtue of the consensus of the City Council and the authority vested in me by the City Charter, do hereby proclaim June 2017 as Men's Health Month. I call upon the people of Doral to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand this 10 day of May, in the year of our Lord two thousand seventeen, and of the incorporation of the City of Doral, the Fourteenth.



Juan Carlos Bermudez